

Technology Resolutions for 2022

New Year here, and most of us have already decided on our resolutions. Some may make resolutions to stay fit, learn a new skill or maybe abandoning old bad habits, and here are some resolutions you can take in your tech life.

Unsubscribe Unwanted Email Lists and Delete Spam/Unwanted Emails

We all tend to subscribe to newsletters or promotional emails assuming they will be of help. On the contrary, rather than helping, these emails occupy a lot of space on your email accounts. An effective remedy to these unwanted emails clogging your Inbox is unsubscribing the ones you don't need or want. Simply click on the unsubscribe button to stop receiving any emails from the respective email address. You can also take 5 minutes of your day to delete all the unwanted emails plus the Spam and Junk emails that clutter your email box. Make sure you clear them regularly to recover valuable space. It may seem like a difficult task, but it's just a matter of minutes and you are done.

Organize Your Photos & Files

We all love taking photos and preserving those beautiful memories, don't we? Though gadgets nowadays provide ample of storage space. With passage of time, it starts running out. One of the major reasons for clogged up systems is the innumerable number of photos and files you have saved. There are many different smart phone apps and programs that can help you sort through and clear out things you don't need or want, to help you save space and you may even notice your device's performance improve after clearing out these photos and files.

Backup Your Data Regularly to Cloud Storage

No one wants to find that they've lost all their documents, pictures, or video files, but it happens more often than you think. Recovering these vital files can be costly and take time, plus there are times where they can't be recovered. External hard drives can be a solution, and they now come with huge storage sizes. However, they easily shrink with the passage of time, and are only as safe as the place that you keep them, if your home or car is lost to fire, flood, or other catastrophic damages the backups will be lost too.

An effective solution to this is using Online Cloud Storage. Online cloud storages let you easily upload your data to a cloud platform. These cloud storages are not only easy to use but are also secure. Upload your pictures, documents, files videos etc. and effectively manage your backup and the increase space on your PC or smart device by moving files off them. Some of the more popular mainstream platforms are Dropbox, Google Drive etc. Take some time to get a backup setup and in place to keep your files safe and your devices clutter free.

Buy Yourself Some Personal Time, Spend Less on Social Media

There are times in your life that you feel like you can't take a moment for yourself, you wish you could just have some "You Time". 90% of the population nowadays are so indulged scrolling social media apps that they barely get personal leisure time. Social Media can give us a way to stay connected with our friends and the outside world, it can also waste a lot of time and energy. These apps are distracting and can have a negative impact on productivity and self-image. So, make a resolution this New Year, balance your time between social media apps and doing productive work. Try it, it really works! The result: you will feel more energized, positive, and rejuvenated.

Have A Password Manager

Are you good at remembering passwords of innumerable accounts, be them online shopping sites, email accounts etc.? I am not!! That's the reason I always rely on a password manager app. You can find a password manager app that will work across multiple platforms helping you keep passwords that you use on your PC, smart phone and tablet all secure and easy to find. Many of these apps offer encryption of your data, and will help you create strong random passwords that keep your accounts more secure than that old favorite Password1243.

Adjust your notifications

It's been a crazy year, so why not go into 2022 with fewer distractions? There is really no need for email to be buzzing and displayed on your computer, mobile phone and smartwatch. Turn off notifications for at least two of those devices or set them to silent. Do the same for Facebook Groups if you are a member of several pages. Snooze some of the notifications for 30 days or choose not to be alerted when a post has been made. You will still see when there is something new, but you won't get an intrusive alert. Take some time out of your day to review all the notification options on your smartphone, tablet, or smartwatch. Many of these devices have rolled out features that will allow you to set times that certain notifications are silenced to give you time to focus on your work, family, or friends when you want to.

So, it's 2022, and while we get our goals and resolutions ready for the coming year, try out one or all of these tech resolutions to get the year started on a good note.

Source: komando.com and wethegeek.com

5 Cybersecurity Trends To Watch In 2022



No one could have predicted the sheer chaos the cybersecurity industry would experience over the course of 2021. Record-annihilating numbers of ransomware attacks, SolarWinds' supply-chain havoc and most recently, the discovery of Log4j by... Minecraft gamers. All of it would have sounded too wild for real life a short year ago. Yet here we are...

1. There Will Be Growing Government Interest, Influence in Cybersecurity

SolarWinds, the Colonial Pipeline attack, spyware and privacy concerns have grabbed the attention of global governments, and experts widely agree the year ahead will be chock full of new regulations and investments. In the months leading up to the 2020 elections, governments were focused on the spread of disinformation to influence election outcomes, but other urgent national security demands emerged in the wake of massive cyberattacks on critical infrastructure. These immediate cyberthreats will continue to dominate government focus throughout 2022. Jonathan Reiber, former chief strategy officer for cyber-policy for the office of the Secretary of Defense during the Obama administration, and now current senior director of cybersecurity strategy and policy at AttackIQ, explained that the federal government is currently working to identify where it can most effectively deploy resources to shore up defenses against cyberattacks. Congress will likely focus on national security risk analysis. Discussions about the appropriate role and authority that the Cybersecurity and Infrastructure Security Agency (CISA) should maintain will likewise be taken up by Congress in 2022.

2. Social-Engineering Endures

People are still gonna people in 2022 and they're still, largely, going to do the easiest thing, regardless of its impact to the organization's security posture. And that's something cybercriminals will continue to count on to make their social-engineering scams work. Social engineering is one of the most difficult security issues to address because no compliance, governance or risk-management action can address the fact that people are imperfect and susceptible to being duped." Over the course of their workday, otherwise serious people can be incredibly careless and that's not likely to change anytime soon.

3. Supply Chain is the New Ransomware

Supply-chain ransomware is a particular concern due to the ability for a single breach to impact hundreds or thousands of end companies," Desai told Threatpost. "Tech companies experienced a 2,300 percent increase in attacks in 2021, and we don't foresee any relief in 2022.

4. Ransomware-as-a-Service Actors Pivoting to SMBs, Prospering

Ransomware-as-a-service (RaaS) has helped make digital extortion a booming business, and 2022 is likely to be another

banner year for ransomware.

"In 2022, the RaaS model will see continued growth as it has proven to be an incredibly efficient vehicle for maximizing profits," Gill said. "While the growth trajectory is staying the same, the primary target of ransomware attacks will not. Government involvement in defense of critical infrastructure will motivate ransomware groups to target small and medium-sized businesses (SMBs) to draw less attention than larger, high-profile targets."

"It's become abundantly clear that cyberattackers don't discriminate based on the size of their targets," McShane said. "Small businesses and mid-market enterprises have proven to be just as lucrative for things like ransomware attacks."

With government and big companies pouring cash into cybersecurity, underfunded and understaffed SMBs are prime targets for ransomware groups

5. Cybersecurity Industry Needs Better Coordination in 2022

Over the past year, threat groups have shown they have the resilience to come together to solve problems with greater coordination. Cybersecurity? Not so much.

"As we have seen with the evolution of malware-as-a-service and phishing-as-a-service, threat actors are willing to join forces for mutual success," Gill explained.

For instance, he pointed out after Emotet was taken down by law enforcement in January, TrickBot stepped up to help and "began re-seeding Emotet infections to get them back into operation."

"In 2022, we will see cybercriminals form even more robust working relationships to facilitate their continued success," Gill said.

When it comes to the cybersecurity community, there is more work to be done to shore up the entire ecosystem, according to Ian McShane. That means larger companies sharing tools and talent with SMBs without resources to protect themselves alone, among other actions.

Source: threatpost.com

Our CEO Is A Published Author

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January 2022



Stay one step ahead of cyber criminals to protect your business, your customers, and your money!

In Jason's first published book, he talks about why cybercrime today cannot be ignored and why your network and data are cyber criminals' #1 target!

Learn all the ways to protect yourself and your data. Contact us today for your copy of *Inside The Hacker Mind*.

Meet Jeremy!



Meet our new employee Jeremy!

Jeremy started with us back in October. He has been in IT for 8 years and previously was working in a retail IT business that worked on both hardware and software issues in a store front. Fun Fact, Jeremy has a certification as a Survival Specialist.

His other hobbies include training his parrot in free flight, playing guitar and spending his weekends fishing or riding his motorbike with his brother.

Welcome to the PITG team!

PITG Holiday Party



Last Week at Ruth's Chris our staff got together for our 2021 Holiday party. We were missing some of our staff that night, but otherwise fun was had by all.

FUN FACT!

You can flip a coin on Google if you don't have one to use, just type "Flip a coin" in the search bar and viola!

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